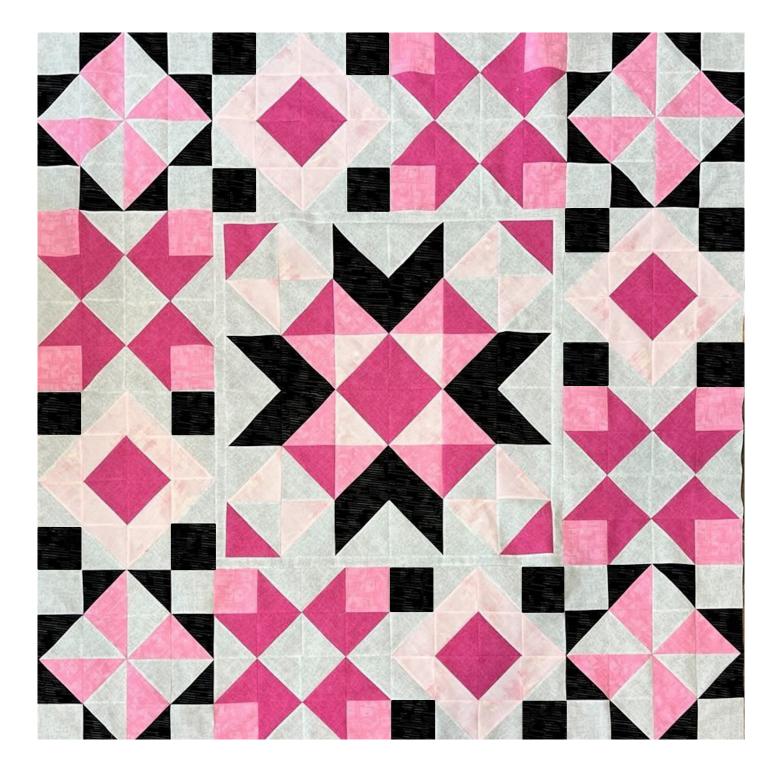
Licorice Blast

by Ledine Watson

Sugar Stitches



CONFIDENT BEGINNER

64" SQUARE THROW

Before Getting Started

- Read through the entire pattern before getting started.
- All seam allowances are 1/4".
- Arrows throughout pattern represent sewing directions, **not** pressing directions.
- Press seams to the dark fabric unless otherwise directed.
- Refer to your coloring sheet or the mockups in this pattern to lay out your blocks.
- Check SugarStitchesQuiltCo.com for any pattern corrections.
- Abbreviations:

WOF = Width of Fabric (assumed to be 42" wide).

RST = Right Sides Together.

HST = Half-Square Triangle.

FQ = Fat Quarter (assumed to be 18" x 21").

- Please share your progress and final projects on Instagram using the hashtag #LicoriceBlastQuilt and tag @sugarstitchesquiltco.
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- You may sell items made using this pattern as a small independent seller. Please credit the pattern design to Sugar Stitches Quilt Co.

Tools Needed

- Quilting rulers in varying sizes
- Thread
- Iron/Ironing board
- Mechanical pencil/fabric marking pen
- Scissors or rotary cutter
- Cutting mat (a rotating cutting mat is helpful with this project)
- Straight pins
- Seam ripper (you just never know what could happen)

Meet the Designer

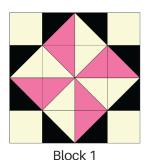
Ledine is the owner and creator of Sugar Stitches Quilt Co! She's a self-taught quilter and will forever be thankful to this creative outlet for giving her a sense of purpose and keeping her sane throughout all of life's ups and downs. As a self-proclaimed perfectionist, she struggles to find creative activities that are more fun than frustrating. When she first ventured into the world of quilting, she faced some of this frustration head on before realizing that she didn't have to attempt the most difficult patterns or projects in order to feel satisfied with the final project. Can you relate? This is the life lesson that she wants to share with her corner of the quilting community!

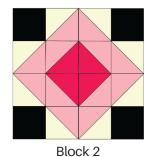


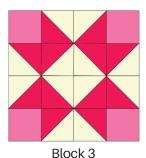
Cover quilt pieced by Debbie Shannon of Spare Threads Quilting - @SpareThreads

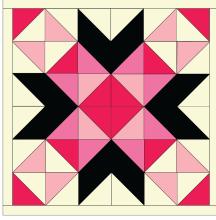
About the Pattern

- Licorice Blast Quilt pattern is made of 4 blocks: (4) each of Blocks 1, 2, and 3 and (1) center Block 4.
- Blocks 1, 2, and 3 are 16 ½" unfinished. Block 4 is 32 ½ unfinished".
- The pattern is constructed with squares and half square triangles.









Block 4

Fabric Requirements

Fabric A	1 yard
Fabric B	1 yard
Fabric C	1 ½ yards
Fabric D	1 yard
Background	2 ¼ yards
Binding	½ yard
Backing*	4 yards

^{*}Allows for 4" overage to allow for quilting. Adjust to your needs.

Want to use Fat Quarters or make a scrappy version instead?

Substitute Fabrics A-D with a minimum of 4 1/4" yards of scraps or 17 Fat Quarters and background with a minimum of 2 1/4" yards of scraps or 9 Fat Quarters. If you want a scrappier look, increase the number and variety of fabrics used.

Binding and backing requirements remain the same.

NOTE: Fabric requirements are slightly rounded up to include room for minor errors. If you prefer to have extra fabric in case of cutting mistakes, please add 1/8"-1/4" yard to each as desired.

Cutting Instructions: Modern

TIP: Check off each step to stay organized!

Fabric A	Cut (3) 7 1/4" x WOF strips; Subcut (12) 7 1/4" squares Cut (1) 8 3/4" x WOF strip; Subcut (3) 8 3/4" squares
Fabric B	□ Cut (2) 4 ½" x WOF strips; Subcut (16) 4 ½" squares □ Cut (2) 7 ¼" x WOF strips; Subcut (8) 7 ¼" squares □ Cut (1) 8 ¾" x WOF strip; Subcut (2) 8 ¾" squares
Fabric C	☐ Cut (4) 7 ¼" x WOF strips; Subcut (16) 7 ¼" squares ☐ Cut (1) 8 ¾" x WOF strip; Subcut (3) 8 ¾" squares
Fabric D	☐ Cut (2) 4 ½" x WOF strips; Subcut (16) 4 ½" squares ☐ Cut (2) 7 ¼" x WOF strips; Subcut (8) 7 ¼" squares ☐ Cut (1) 8 ¾" x WOF strip; Subcut (4) 8 ¾" squares
Background	□ Cut (4) 1 ½" x WOF strips; Subcut (2) 1 ½" x 30 ½" rectangles and (2) 1 ½" x 32 ½" rectangles □ Cut (2) 4 ½" x WOF strips; Subcut (16) 4 ½" squares □ Cut (6) 7 ¼" x WOF strips; Subcut (28) 7 ¼" squares □ Cut (2) 8 ¾" x WOF strips; Subcut (6) 8 ¾" squares
Binding	□ Cut (7) 2 ½" x WOF strips

Cutting Instructions: Scrappy

Cut (2) 1 ½" x 30 ½" rectangles and (2) 1 ½" x 32 ½" rectangles Cut (16) 4 ½" background squares Cut (28) 7 ¼" background squares Cut (44) 7 ¼" colored squares (suggest a minimum of 4 contrasting colors) Cut (6) 8 ¾" background squares Cut (12) 8 ¾" colored squares (suggest a minimum of 4 contrasting colors)
Cut (44) 7 1/4" colored squares (suggest a minimum of 4 contrasting colors) Cut (6) 8 3/4" background squares

Block Assembly

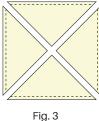
4 at-a-time Half-Square Triangles:

- 1. Place (2) squares of the same size RST (see chart below for specific sizes) (Fig. 1).
- 2. Sew 1/4" around the edges of all four sides of each square (Fig. 2).
- 3. Place a square on your cutting mat and cut on each diagonal, revealing 4 triangles (Fig. 3).
- 4. Press to set seams and then press open or to one side. Trim each HST (Fig. 4). You will have 4 completed HSTs.



Fig. 1







Using the above instructions, pair the following fabrics and sizes to create the HSTs needed.

Modern:

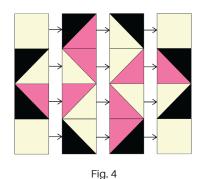
- \square (8) 7 1/4" Fabric A squares + (8) 7 1/4" background squares = (32) HSTs trimmed to 4 1/2"
- \square (4) 7 1/4" Fabric A squares + (4) 7 1/4" Fabric C squares = (16) HSTs trimmed to 4 1/2"
- \Box (4) 7 1/4" Fabric B squares + (4) 7 1/4" background squares = (16) HSTs trimmed to 4 1/2"
- \Box (4) 7 1/4" Fabric B squares + (4) 7 1/4" Fabric D squares = (16) HSTs trimmed to 4 1/2"
- \Box (12) 7 1/4" Fabric C squares + (12) 7 1/4" background squares = (48) HSTs trimmed to 4 1/2"
- ☐ (4) 7 1/4" Fabric D squares + (4) 7 1/4" background squares = (16) HSTs trimmed to 4 1/2"
- \square (2) 8 3/4" Fabric A squares + (2) 8 3/4" background squares = (8) HSTs trimmed to 5 1/2"
- \square (2) 8 $\frac{3}{4}$ " Fabric C squares + (2) 8 $\frac{3}{4}$ " background squares = (8) HSTs trimmed to 5 $\frac{1}{2}$ "
- \square (2) 8 $\frac{3}{4}$ " Fabric D squares + (2) 8 $\frac{3}{4}$ " background squares = (8) HSTs trimmed to 5 $\frac{1}{2}$ "
- \square (2) 8 $\frac{3}{4}$ " Fabric B squares + (2) 8 $\frac{3}{4}$ " Fabric D squares = (8) HSTs trimmed to 5 $\frac{1}{2}$ "
- \square (1) 8 $\frac{3}{4}$ " Fabric A squares + (1) 8 $\frac{3}{4}$ " Fabric C squares = (4) HSTs trimmed to 5 $\frac{1}{2}$ "

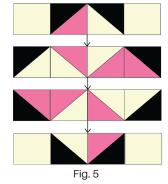
Scrappy:

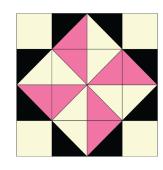
- ☐ (144) scrappy HSTs trimmed to 4 ½"
- ☐ (36) scrappy HSTs trimmed to 5 ½"

Block 1:

- 1. Lay out Block using (4) 4 ½" background squares, (4) Fabric B/D HSTs, (4) Fabric B/background HSTs and (4) Fabric D/background HSTs (**Modern**) or (4) 4 ½" squares and (12) scrappy HSTs (**Scrappy**).
- 2. Sew units RST to form rows (Fig. 4). Press to set your seams and then press in alternating directions from the prior row.
- 3. Place the top two rows RST. Because the rows were pressed in opposite directions, you should be able to nest your seams to ensure your seam intersections match. Sew the rows together (Fig. 5). Continue sewing each row to the next, making sure to nest your seams. Your block is now complete (Fig. 6).
- 4. Press to set the seams and then press seams open to reduce bulk. The block should measure $16 \frac{1}{2}$ " x $16 \frac{1}{2}$ ". Trim if necessary. Make sure you are trimming an equal amount around the entire block to keep it uniform. Repeat to make 3 additional blocks.





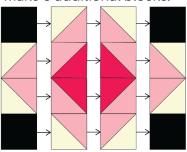


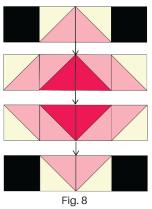
Block Assembly Continued

Block 2:

- 1. Lay out Block using (4) 4 ½" Fabric D squares, (4) Fabric A/C HSTs, and (8) Fabric A/background HSTs (**Modern**) or (4) 4 ½" squares and (12) scrappy HSTs (**Scrappy**).
- 2. Sew units RST to form rows (Fig. 7). Press to set your seams and then press in alternating directions from the prior row.
- 3. Place the top two rows RST. Because the rows were pressed in opposite directions, you should be able to nest your seams to ensure your seam intersections match. Sew the rows together (Fig. 8). Continue sewing each row to the next, making sure to nest your seams. Your block is now complete (Fig. 9).
- 4. Press to set the seams and then press seams open to reduce bulk. The block should measure $16 \frac{1}{2}$ " x $16 \frac{1}{2}$ ". Trim if necessary. Make sure you are trimming an equal amount around the entire block to keep it uniform.

Repeat to make 3 additional blocks.





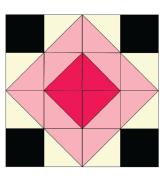


Fig. 7

Fig. 9

Block 3:

- 1. Lay out Block using (4) 4 ½" Fabric B squares and (12) Fabric C/background HSTs (**Modern**) or (4) 4 ½" squares and (12) scrappy HSTs (**Scrappy**).
- 2. Sew units RST to form rows (Fig. 10). Press to set your seams and then press in alternating directions from the prior row.
- 3. Place the top two rows RST. Because the rows were pressed in opposite directions, you should be able to nest your seams to ensure your seam intersections match. Sew the rows together (Fig 11). Continue sewing each row to the next, making sure to nest your seams. Your block is now complete (Fig. 12).
- 4. Press to set the seams and then press seams open to reduce bulk. The block should measure 16 ½" x 16 ½". Trim if necessary. Make sure you are trimming an equal amount around the entire block to keep it uniform. Repeat to make 3 additional blocks.

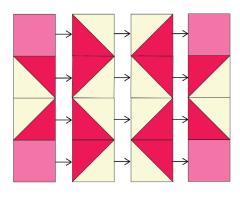


Fig. 10

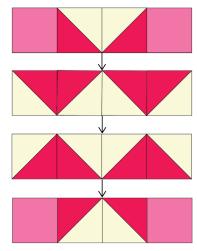


Fig. 11

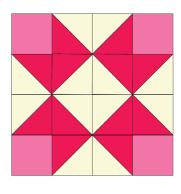


Fig. 12

Block Assembly Continued

Block 4/Center Block:

- 1. Lay out block using (8) Fabric A/background HSTs, (8) Fabric D/background HSTs, (8) Fabric C/background HSTs, (8) Fabric B/D HSTs and (4) Fabric A/C HSTs (**Modern**) or (36) scrappy HSTs (**Scrappy**).
- 2. Sew units RST to form rows (Fig. 13). Press to set your seams and then press in alternating directions from the prior row.
- 3. Place the top two rows RST. Because the rows were pressed in opposite directions, you should be able to nest your seams to ensure your seam intersections match. Sew the rows together (Fig. 14). Continue sewing each row to the next, making sure to nest your seams (Fig. 15). Press to set seams and then press open to reduce bulk.
- 4. Attach the left and right borders first. Press seams outward. Attach the top and bottom borders (Fig. 16). Press seams outward.
- 5. Your block should measure $32 \frac{1}{2}$ " x $32 \frac{1}{2}$ ". Trim if necessary. Make sure you are trimming an equal amount around the entire block to keep it uniform.

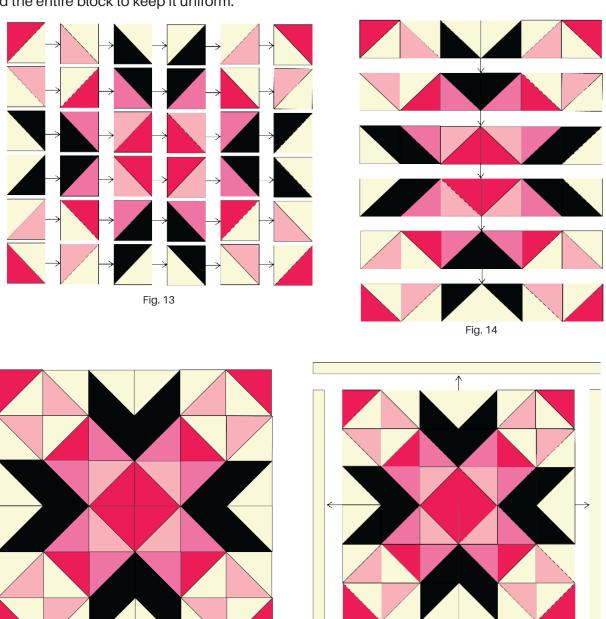
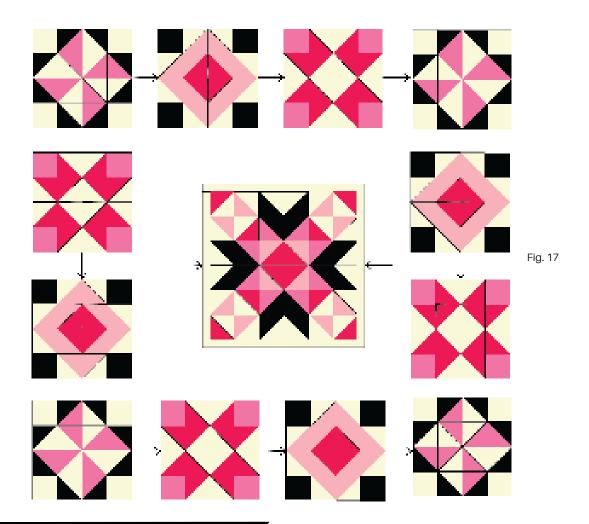


Fig. 16

Fig. 15

Block Assembly Continued

- 1. Lay out center block and blocks 1, 2, and 3, per the mock up below. Sew the top row of blocks together, placing blocks RST (Fig. 17). Press seams to set and then press to the left.
- 2. Sew the bottom row of blocks together, placing blocks RST. Press seams to set and then press to the left.
- 3. Sew the two left middle blocks RST. Sew the two right middle blocks RST. Press seams to set and then press to the left.
- 4. Sew the left blocks to the center block. Sew the right blocks to the center block. Press seams to set and then press to the right.
- 5. Sew the top row to the middle row, placing blocks RST while nesting seams. Sew this unit to the bottom row, placing row RST while nesting seams. Press seams to set and then press seams open to reduce bulk.
- 6. Your quilt top is now complete!



Finishing Your Quilt

- 1. Piece together backing fabric as needed.
- 2. Lay backing wrong side up, then your batting, followed by your guilt top right side up to complete your quilt sandwich.
- 3. Baste and quilt as desired.
- 4. Square your quilt and trim off excess backing fabric and batting.
- 5. Bind as desired with the 2 ½ " binding strips.
- 6. Your quilt is now complete!

Coloring Page

